



# Get Ready at Home

## DAILY AT-HOME WELLNESS CHECK USING SCHOOLPASS

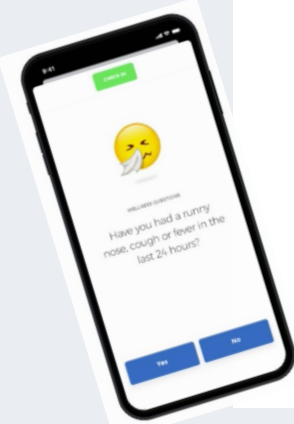
- To help ensure that students are healthy before entering school each day, Wellan is requiring verification that parents have conducted an at-home wellness check.
- You will soon receive information about a phone app called SchoolPass that you will use to record answers to required daily health screening questions. This documentation is essential in helping us monitor the health of the school community. Answers to the SchoolPass daily screening questions will not be kept by the school.
- On the parent's phone and in the school's online attendance roster, SchoolPass will display either a green checkmark next to the student's name to show that the answers indicate eligibility to attend school that day or a red X to show that the student is not well enough to attend school that day.

## A HEALTHY START TO THE DAY

Establish an at-home morning routine that reinforces healthy hygiene habits, such as:

- Providing a nutritious breakfast
- Conducting the required SchoolPass wellness check
- Washing hands
- Making sure your student has packed: face mask, extra masks, water bottle, lunch, and snack.

We have created an easy-to-use chart you can post at home so your student can learn the new routine. [Click here to download and print a full page chart.](#)



### My Morning Checklist

TO DO:	TO PACK:
<input checked="" type="checkbox"/> Eat a nutritious breakfast	<input type="checkbox"/> Face mask (and extra masks)
<input type="checkbox"/> Wash hands	<input type="checkbox"/> Water Bottle
<input type="checkbox"/> Conduct the SchoolPass wellness check	<input type="checkbox"/> Lunch
<input type="checkbox"/> Pack a bag	<input type="checkbox"/> Snack

Hint: use small magnets or laminate and use a dry erase marker to check each step!





# Journey to School

## SCHOOL BUILDING ACCESS

Limiting building access runs contrary to our desire to welcome our students' family members and foster community ties. However, in order to minimize risk and exposure for our students and employees, this year we are implementing practices to reduce the number of campus visitors.

### During Arrival

Between 7:30-8:30 AM on school days, only school employees and students are allowed entry.

### Building Entry Criteria

All who enter Wellan school buildings (including the playground) are required to comply with the health screening process, meet the "safe entry" criteria, wear a face mask, and maintain social distance.

### Limited Access

With limited exceptions, access will be restricted to school employees and students throughout the school day. Limited exceptions to this restricted building access include:

- Parents accompanying a student who is arriving late
- Parents who have a scheduled appointment
- Prospective parents who have a scheduled Admissions appointment
- Maintenance personnel and delivery drivers
- Emergency personnel





# Journey to School

## ARRIVAL PROCEDURES

### **An Independent Start to the School Day**

All students will say goodbye to parents outside the school and enter school accompanied by a staff member. Parents can help make this transition successful and provide children with a secure start to the school day by maintaining a brief and reassuring “goodbye routine,” even on days when a child may be tearful about the parent’s departure.

### **Assigned Arrival and Dismissal Times**

To minimize crowding during drop-off, we are implementing a progressive arrival schedule. Students who have registered for Early Care may be dropped off at 7:30 AM. All other students will be assigned one of the following drop-off times: 7:45 AM, 8:00 AM, 8:15 AM (Beginner and Primary ONLY). You will receive your assigned time in the Back to School packet.

Dismissal times are 2:45 PM for Beginners and Bridge; 3:00 PM for Primary and Kindergarten; 3:15 PM for Grades 1–8. At dismissal, all students will be picked up outside the school. Wellan will be using the SchoolPass phone app to facilitate the dismissal process. For students in Beginners, Primary, and Lower Elementary, a staff member will accompany the student outside with their belongings. Older students will independently leave the school building to meet their parents. Additional dismissal instructions will be provided prior to the start of school.

### **Park & Walk Drop-off for Beginner, Bridge, Primary Year 1, and Primary Year 2**

These young students need to be accompanied to a Morning Welcome station on the sidewalk in front of the school by a parent or caregiver. Park in the lot and make sure you are all wearing masks before exiting the vehicle. If there is a line on the sidewalk, maintain a 6’ distance between your family group and others.





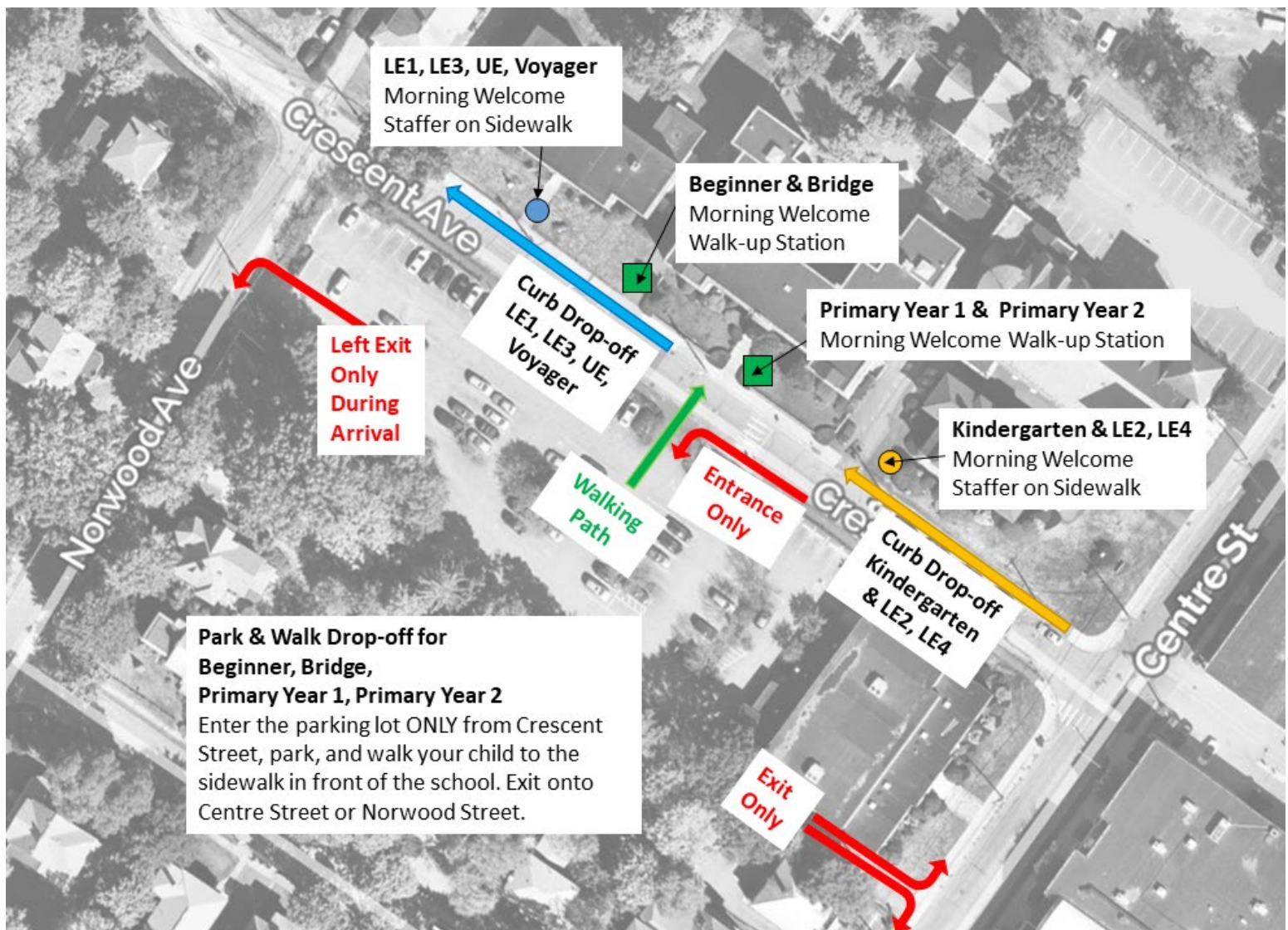


# Journey to School

## Curbside Drop-off for Kindergarten (PY3) through Voyager

These students are independent enough to exit a vehicle and approach a Morning Welcome station on their own. Staff members will be on the sidewalk to assist any students who need help with unbuckling booster seats. Drivers are not allowed to exit vehicles during curbside drop-off and should not pull away until receiving a signal from a staff member that, based on the wellness check-in process, the student is able to enter school.

- *Kindergarten (PY3), LE2, and LE4 drop-off:* Pull to the curb alongside Sacred Heart Rectory between Centre Street and the driveway before the school.
- *LE1, LE3, UE, and Voyager drop-off:* Pull to the curb beyond the telephone pole at the school entrance.





# Visit Your Morning Welcome Station

## MORNING WELCOME STATIONS

Wellan staff will be outside at “Morning Welcome” stations to check whether students are healthy enough to attend school. This involves several steps:

- The SchoolPass app will recognize when you have entered the school zone. It will prompt you to open the app so you can show a staff member the green checkmark next to your student’s name. If you did not complete the wellness check prior to arriving on campus, you will need to park and do so in your vehicle.
- For curbside drop-off, you should remain in your vehicle and simply hold up your phone so that the staff member at your student’s Welcome Station can see the green checkmark. For park and walk-up drop-off, you can show your phone screen or wait for the staff member at your student’s Welcome Station to check the attendance database on an iPad.
- A staff member will conduct a visual screening to assess the student’s wellness and use a touchless forehead thermometer to confirm that your student’s temperature allows school attendance that day.
- A student whose temperature is less than 100.0 degrees and who is not exhibiting obvious symptoms will be accompanied into the school by a staff member.







# Come Into School

## ESTABLISHING A POSITIVE MORNING GOODBYE

A consistent, positive goodbye between a parent and child creates a warm, reassuring start to the school day. We recommend involving your child in creating a short-and-sweet ritual that can become your shared routine. It could be a brief hug, a special wave, a secret handshake, or a words-and-action sequence like “High-five, high-ten, off to school again.”

Even with a practiced routine, it is normal for students to experience a range of emotions when transitioning from the home environment into the school environment. Students often express hesitation and sadness at morning drop-off when attending school for the first time, when being dropped off by a different adult than usual, after a summer or vacation break, after a long weekend, or during the adjustment to a new home or new sibling.

Below are some tips and tricks that may make for a smoother transition process:

- Prepare your child for the school day separation in incremental steps, practicing goodbyes in low-stakes scenarios at home.
- Try to follow a calm morning routine at home, as rushing around can increase student anxiety.
- Help your child remember what to look forward to at school by spending a few minutes over breakfast or in the car chatting about school activities your child enjoys.
- Follow your short goodbye ritual even if the child is tearful. Rather than prolonging your departure, demonstrate confidence that “all will be well” and walk away smiling. Teachers will help your child settle down after you leave. If the child is inconsolable, teachers will give you a call.
- Older students who will be doing curbside drop-off can practice unbuckling a seatbelt, collecting belongings, and safely exiting the vehicle on the sidewalk.

Over the course of the year, some children will master the art of separation. Others will fluctuate in their response to morning drop-off, while some will have regular difficulty saying goodbye. Rest assured that wherever your child may be within this range is normal and okay!

